Academic Action Plan



Name:		Term:	Major:				
Financial Aid Status: Good Warning Suspension Suspension A	Financial Aid Office: (707) 826-4321, SBS 231 Appeal Status:	Earned Units:	Term GPA: Humboldt GPA: Overall GPA: Earned Units: Units in Progress:				
Recommendations/Commen	ts:	Class Level: Image: FR (0-29 units); 1.5 Image: SO (30-59 units); 1.7 Image: Image: Image: FR (0-29 units); 1.85 Image: SR (90+ units); 1.95					
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Academic Notice and Reinstatement Policies

- □ Academic Notice (AN) Return to good standing with a minimum 2.0 Humboldt/Overall GPA. To avoid disqualification, Humboldt/Overall GPA must be at least a ______ by the end of this semester.
 - $\circ \quad 1^{st} \, \text{AN Term} \quad o \ 2^{nd} \, \text{AN Term}$
- □ Reinstated: *Semester/term* GPA must be a <u>2.0</u> or greater each semester to avoid disqualification.
- Reviewed REPEAT Policy (16 units forgiveness, 12 units averaging). Will repeat: _____

Academic Goals:

(GPA calculator: learning.humboldt.edu/gpa-calculator)

Information from Transcript:					
	GPA Units	Points			
Humboldt					
Cumulative					

□ Will reassess academic progress prior to the last date to drop courses. ADD/DROP deadline: ______ CR/NC Deadline:______

Course	Units	Major, GE, Elective	Count in GPA? (Y/N)	Repeat Course (Y/N)	Grade Goals	Grades Date:	Grades Date:	Final Grades
Total Units:		Goal GPAs	Goal GPAs - Term: Humboldt: Overall:					
1 st Check-in Date:	Projected	Projected GPAs - Term: Humboldt: Overall:						
2 nd Check-in Date:	Check-in Date: Projected GPAs - Term: Humboldt: Overall:							

What personal challenges and/or concerns do you anticipate this semester? (check any/all areas of concern)										
	Motivation		Alcohol/drugs		Career/major		Significant other		Sports	
	Attitude about school		Health		Work	ork 🛛 Friends			Low self-confidence	
	Academic burnout		Test Anxiety		Finances		Roommates		Feeling lonely	
	Feeling depressed		Math Anxiety		Family		Living situation		Homesickness	
	Sleeping/eating habits		General Anxiety		Children		Extra-curricular		Other:	
Reco	mmendations/Comment	ts:								
Actio	n Plan									
		atior	al strategies:							
	Follow-through strategies (attendance, etc.):									
	 Test-taking strategies: Reading and note-taking strategies: 									
Г	Other:									
	 Outer: Outside commitments (work, clubs, extracurricular activities, etc.): 									
_	 Advisor meetings (follow up dates or frequency): 									
L		10 00	up dates of freq	uent	-yj					
Reso	urces									
	Will utilize and attend	d the	following acade	emic	success skills res	sour	ces this semester:			
	□ Science ⁻	Tuto	ring Lab	Wr	riting Studio		Math Tutoring Lab		Other	
	Supplemental Instruction course(s):									
	Tutoring: Course:, Course:, Course:,									
	Skillshops/Other workshops:									
	Student Support Serv	vices								
Goals (in addition to academic recovery)										
Goal	Goals for this semester:									

I understand the policies regarding my academic standing. I know that following this Academic Action Plan will help me be successful.