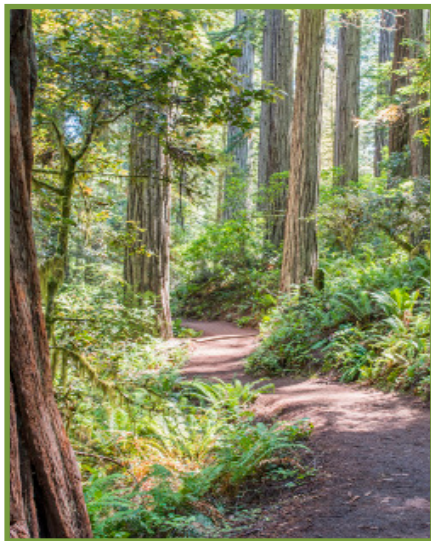


academic
& career ADVISING
CENTER

Paths to Success



1st Year

ACADEMIC

- Get to know your academic advisor. Meet with your advisor to review your academic plan each semester and discuss your HSU experience.
- Connect with the Academic and Career Advising Center (ACAC) to learn about all the majors and minors HSU has to offer.
- Enhance your learning habits and time-management skills by visiting the Learning Center, attending Library SkillShops, and talking with your professors.
- Ask lots of questions - get the most out of your education.

CAREER

- Create a profile in HSU Handshake online job database, and search for jobs, professional opportunities, and career-related events.
- Meet with a career advisor to discuss tips for the job/internship application process and explore your strengths, interests, skills, and values in relation to career exploration.
- Learn how to build career-related experience throughout your time at HSU and explore long-term career goals.
- Familiarize yourself with the Academic and Career Advising website resources, including major-specific information, sample resumes, and other job related resources.

PERSONAL

- Learn how to manage your stress and anxiety at counseling.humboldt.edu. Exercise and maintain regular hours for sleep and meals. Find more resources at basicneeds.humboldt.edu.
- Explore your interests; join at least one student organization, club, or activity.
- Attend ACAC events like the Part-time Job Fair and Graduate School Fair at the beginning of each fall semester. Visit campus events for full event listings.
- Invest time to reflect on your personal growth; attend Library SkillShops to help with skills such as resilience, money management, and healthy relationships.
- Got the travel itch? Look into your options for studying abroad.

2nd Year

ACADEMIC

- Take classes that interest you and also fulfill major and general education requirements. Your academic advisor can help you explore options.
- Consider adding a minor or taking electives, which may enhance your employability.
- Instructors want to help you succeed. Visit their office hours.
- Update your DARS Degree Planner. Know your path to graduation.

CAREER

- Connect with a career advisor for resources and application assistance, to gain tips on building an effective resume and how to develop a network.
- Talk to faculty and staff about research opportunities, service learning, and/or academic internships. Seek summer experiences early in the year.
- Connect with faculty, staff, peers, family, and alumni to explore various career paths related to your major.
- Attend fairs and workshops hosted by ACAC and other campus programs.

PERSONAL

- Stay engaged on campus. Take on leadership roles in student organizations, residence halls, or community groups to develop your professional skills.
- Talk with your classmates and learn their strategies for success.
- Build your financial literacy. Attend workshops to learn the basics of responsible budgeting, saving, and establishing good credit.
- Reflect on your last two years and all you have accomplished, and think about the growth opportunities still to come.

3rd Year

ACADEMIC

- Establish meaningful relationships with faculty and staff and identify those you consider to be mentors.
- Check your DARS Degree Planner to make sure you are on track to finish on time.
- Apply to graduate three semesters prior to your expected graduation.
- Meet with a career or faculty advisor to explore graduate schools.
- Participate in a second internship during the summer or school year.

CAREER

- Continue to actively engage in fairs and workshops hosted by ACAC and other campus programs.
- Use the resources on the ACAC website to update your resume.
- Talk with professionals in your career field(s) of interest and conduct informational interviews.
- Pursue a competitive summer internship or research opportunity to gain additional experience.
- Meet with a career advisor to refine your career path after graduation including preparing to apply to graduate school.
- Meet with a career advisor for help creating a Curriculum Vitae (CV) and personal statement if applicable.
- When available, visit the Career Clothing Closet for free professional clothing at ACAC.

PERSONAL

- Organize and/or attend campus events relevant to you.
- Continue to seek leadership roles in organizations that build your teamwork and leadership skills.
- This is a busy time - be sure you are using available campus resources to take care of yourself.

4th Year

ACADEMIC

- Make course projects relevant to your graduate school or career interests.
- Check out HSU's Commencement website to plan for your big day.
- This is your last year. Take time to reflect on your experience.

CAREER

- Ask professors and employers to serve as references or write letters of recommendation for you.
- Develop your online brand, set up your LinkedIn profile and other professional social media.
- Attend professional conferences, network and practice your elevator pitch.
- Meet with a career advisor to tailor your resume and cover letter for specific job opportunities.
- Schedule a mock interview to practice marketing yourself to potential employers and graduate school selection committees.
- Finalize post graduation plans, timelines vary, so check-in with a career advisor in the fall.
- Submit job applications, apply to graduate school or professional schools.
- Continue to set goals and seek opportunities for professional development.

PERSONAL

- Continue involvement with leadership and extracurricular activities, both on and off campus.
- Understand your loan repayment options.
- Connect with your support system for encouragement and help during your transition from college to career or graduate school.

Explore, Experience, Achieve



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